

# Bridges to HOPE

## Helping Others Prosper through Empowerment

### Poverty

The Centers of Disease Control and Prevention define poverty as “a person or group of people who lack human needs because they cannot afford them. Human needs include clean water, nutrition, health care, education, clothing and shelter.” (CDC, 2015).

According to the US Census, the overall population in Detroit was just over 673,000 in 2017. Over the past 60 years, Detroit’s population has been declining and is at the lowest since 1910. Most of the population (31.1%) in Detroit is under the age of 18 with the next largest age group between 18 to 24 (29.5%). Approximately 50% of children are in poverty, which is about 1.5 times the rate in Wayne County (33.4%).

### Program overview

The mission of Bridges to HOPE (Helping Others Prosper through Empowerment) is to empower individuals and families experiencing poverty with the resources and education to design their future and create a more productive direction in life.

Bridges to HOPE uses the “Getting Ahead in a Just-Gettin-By World: Building Resources for a Better Life” modeled after the Bridges Out of Poverty initiative. It provides an array of concepts, workshops, and products to help employers, community organizations, social agencies, and individuals reduce poverty in a comprehensive manner designed to be sustainable year after year. The workshops take place in an eight-week timeframe with biweekly sessions. Each session is two hours in length and includes a meal, transportation, and a stipend.

### Impact

- 23 workshops
- 181 adult graduates
- 36 trained facilitators
- Community benefit \$40,726

### Reviews

“Bridges to HOPE has been an eye-opening experience, helped me to understand poverty, the facets of it and a better way of gaining a life of sustainability.” - *Joe Sterling, 2017 graduate*

“Recently, I graduated from Bridges to HOPE and the program was very informative and really made me think deeper into planning and setting goals for my future. The importance of language in the book impacted me greatly. It is true it takes time to work on a plan so that you can actually see the big picture. I thank you, Bridges to HOPE. I have truly gained a lot about poverty to get ahead.” - *Teresa Alexander, 2018 graduate*



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**Ascension**



**Bridges to HOPE**  
**FY20 Getting Ahead Workshop Schedule**

	<u>Date/Location</u>	<u>Time</u>	<u>Facilitator</u>
1	Tuesday, August 13 – Thursday, September 26, 2019 Tuesdays and Thursdays only Conner Creek Health Center 4777 E. Outer Dr., Suite 1345 Detroit, MI 48234	4p-6p	D. Calloway
2	Tuesday, August 20 – Thursday, October 10, 2019 Tuesdays and Thursdays only Mercy Primary Care Center 5575 Conner Avenue, Ste 101 Detroit, MI 48213	10a-12p	T. Calhoun
3	Monday, Sept 9– Wednesday, October 30, 2019 Mondays & Wednesdays only Riverview Health & Rehabilitation Center, Pavilion II 7633 East Jefferson Avenue, Suite 10a Detroit, MI 48214	1p-3p	T. Calhoun
4	Tuesday, October 22 – Tuesday, December 17, 2019 *No class on 11/28/19 Thanksgiving Day Tuesdays & Thursdays only St. Vincent de Paul 3000 Gratiot Ave., 3 <sup>rd</sup> Floor Conference Room Detroit, MI 48213	12p-2p	T. Calhoun
5	Tuesday, October 22 – Tuesday, December 17, 2019 *No class on 11/28/19 Thanksgiving Day Tuesdays and Thursdays only Conner Creek Health Center 4777 E. Outer Dr., Suite 1345 Detroit, MI 48214	12p-2p	D. Calloway
6	Tuesday, January 14 – Thursday, March 05, 2020 Tuesdays & Thursdays only Riverview Health & Rehabilitation Center, Pavilion II 7633 East Jefferson Avenue, Suite 10a Detroit, MI 48214	12p-2p	T. Calhoun
7	Monday, February 10 – Monday, April 1, 2020 * No class on 2/17/2020 President’s Day Mondays & Wednesdays only Conner Creek Health Center 4777 East Outer Drive, Suite 1345 Detroit, MI 48234	1p-3p	D. Calloway
8	Monday, February 10 – Monday, April 1, 2020 Mondays & Wednesdays only *NO class on 2/17/20 (President’s Day) St. Vincent de Paul, 3000 Gratiot Ave, 3 <sup>rd</sup> Floor Conference Room	1p-3p	T. Calhoun

	Detroit, MI 48207		
9	Tuesday, January 14 – Thursday, March 05, 2020 Tuesdays & Thursdays only Riverview Health & Rehabilitation Center, Pavilion II 7633 East Jefferson Avenue, Suite 10a Detroit, MI 48214	10a-12p	T. Calhoun
10	Tuesday, April 7-Thursday, May 28, 2020 St. Vincent de Paul, 3000 Gratiot Ave, 3 <sup>rd</sup> Floor Conference Room Detroit, MI 48207	11a-1pm	T. Calhoun
11	Monday, April 27-Monday, June 17, 2020 <i>*No Class on 5/25/2020</i> Mondays & Wednesdays only Riverview Health & Rehabilitation Center, Pavilion II 7633 East Jefferson Avenue, Suite 10a Detroit, MI 48214	4p-6p	T. Calhoun
12	Monday, April 27-Monday, June 17, 2020 <i>*No Class on 5/25/2020</i> Conner Creek Health Center 4777 East Outer Drive, Ste. 1345 Detroit, MI 48234	11a-1p	D. Calloway

For more information regarding Bridges to HOPE, or to register for a free workshop,  
please call (313) 499-4963 or (313) 369-5600