



# TTI Training Opportunities 2019

Training & Treatment Innovations, Inc.

[www.ttiinc.org](http://www.ttiinc.org)

## **Trauma Informed Treatment:**

This course offers a fundamental understanding of Trauma Informed Care. Participants will learn basic skills in recognizing and working with individuals who have experienced trauma and effective intervention strategies for those individuals receiving behavioral health services. Current statistics and ACES study will be reviewed.

**Date:** 9/11/19

**Time:** 9 am – 12 pm

**Location:** 1450 S. Lapeer Rd, Oxford

**Social Work CEUs:** 3 **Cost:** \$45

**Compassion Fatigue:** This course focuses on the helping professional. Participants will learn about vicarious trauma, secondary trauma and the difference between compassion fatigue and burnout. This course will provide professionals with strategies and tools to implement sustainable self-care to minimize the effects of compassion fatigue. We will also discuss proactive strategies and monitoring of compassion fatigue at an administrative level.

**Date:** 9/11/19

**Time:** 1 pm – 3 pm

**Location:** 1450 S. Lapeer Rd, Oxford

**Social Work CEUs:** 2 **Cost:** \$30

## **Integrated Health Care: Diabetes**

**Management:** This course will focus on gaining and understanding of the types of

diabetes, risk factors faced by individuals receiving behavioral health services and common treatment approaches.

**Date:** 9/18/19

**Time:** 10 am – 12 pm

**Location:** 1225 E. Big Beaver Rd, Troy

**Social Work CEUs:** 2 **Cost:** \$30

## **Integrated Health Care: Healthy**

**Hearts:** Participants will learn about cholesterol and blood pressure management as it applies to individuals receiving behavioral health services. Risk factors and common treatment approaches will be reviewed and strategies to assist individuals with implementing healthy lifestyles will be discussed.

**Date:** 9/18/19

**Time:** 1 pm – 3 pm

**Location:** 1225 E. Big Beaver Rd, Troy

**Social Work CEUs:** 2 **Cost:** \$30

## **Making Sense of SSI and SSDI:**

This course provides participants with an understanding of the two disability benefits programs offered by the Social Security Administration. Participants will learn about eligibility requirements and basic processes for completing applications and appeals. Common myths regarding SSI and SSDI benefits will be discussed and participants will learn effective writing skills to accurately document functional information

that will increase the likelihood of approval.

**Date:** 9/26/19

**Time:** 9 am – 4 pm

**Location:** 1225 E. Big Beaver Rd, Troy

**Social Work CEUs:** 6 **Cost:** \$90

## **Cognitive Processing Therapy for**

**PTSD:** This course is a 12 session evidenced based practice that will allow individual therapists to have another therapy modality to better serve individuals with PTSD and trauma. The training will provide education on what PTSD is, how individuals process information, differentiating between emotions and thoughts, Socratic questioning, and more. The training also provides all materials that are needed during therapy sessions. \*\*This training provides an overview of CPT, an evidence-based cognitive-behavioral treatment for PTSD described in the guide, *Cognitive Processing Therapy, Veteran/Military Version – Therapist’s Manual by Resick et al., 2014.*

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**To register, contact Dolores Carter at [dcarter@ttiinc.org](mailto:dcarter@ttiinc.org) or (248) 524-8801.**

**For more information on trainings, visit our website at [www.ttiinc.org](http://www.ttiinc.org)**

While this course teaches the basic principles and strategies underlying CPT, it should not be considered a substitute for the in-person 2-day CPT training module.

**Date:** 10/15/19

**Time:** 9 am – 4 pm

**Location:** 1225 E. Big Beaver Rd, Troy

**Social Work CEUs:** 6 **Cost:** \$90

### **Suicide Assessment and Crisis**

**Planning:** This training addresses the rising suicide rates in our country. Current statistics and data are presented. Participants will learn assessment strategies for suicide in individuals that they work with. Participants will learn chronic vs. acute suicide risks and protective and risk factors to consider when assessing individuals for suicide. Resources and tools will be provided with Zero Suicide materials to each participant.

**Date:** 10/24/19

**Time:** 9 am – 12 pm

**Location:** 1225 E. Big Beaver Rd, Troy

**Social Work CEUs:** 3 **Cost:** \$45

### **Introduction to Motivational Interviewing and Stages of Change**

**Change:** Participants will be introduced to the Stages of Change model of treatment. This training will highlight the spirit of MI and basic motivational strategies to implement as individuals move through stages of change. Participants will be able to practice basic motivational interventions and will be provided with resources and tools to use while working with individuals.

**Date:** 11/14/19

**Time:** 9 am – 12 pm

**Location:** 1450 S. Lapeer Rd, Oxford

**Social Work CEUs:** 3 **Cost:** \$45

**Harm Reduction:** This training is an evidenced based strategy and philosophy that is different from traditional clinical approaches to substance use treatment.

Participants will learn skills to work with individuals on reducing harm associated with substance use as the goal of treatment vs.

abstinence as the only goal.

Clinicians will be introduced to specific interventions to improve outcomes of substance use treatment through harm reduction strategies. Resources and tools are included in this training.

**Date:** 11/14/19

**Time:** 1 pm – 3 pm

**Location:** 1450 S. Lapeer Rd, Oxford

**Social Work CEUs:** 2 **Cost:** \$30

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