



Dementia Care with Dignity

Learn
Positive Approach[®]
to Care

If you're a family member of or a care partner for someone living with dementia, you'll want to know about the **Positive Approach to Care**.

Unlike older philosophies and methods of dementia care that emphasize what's been lost, **PAC** focuses on what remains, which creates strong connections between the person living with dementia and their families and care partners and builds a framework for providing care with dignity.

And now you can learn **PAC** techniques for **FREE** at workshops brought to you by the Brown Adult Day Program. **PAC** seminars are open to all and taught by a **CERTIFIED Positive Approach to Care** trainer. Morning sessions are being held in West Bloomfield from 10-noon, and late afternoon sessions are being held in Southfield from 4-6 p.m.

FREE respite care is provided during the workshop

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| October 3 | Normal Aging/Not Normal Aging:
<i>Recognizing dementia versus normal aging.</i> |
| October 17 | Positive Physical Approach and Hand Under Hand:
<i>Learn care partnering techniques that create a positive, nurturing environment.</i> |
| November 7 | Using Skills That Make a Difference:
<i>Develop an understanding of dementia states and learn tools to more effectively interact during each stage.</i> |

Attend one, two, or come to all three. To register, call **248.233.4392**.

