

Infant Massage Class

Free Class Every Monday
for 5 weeks starting
February 24, 2020.

Time: 10:00 AM - 12:00 PM

Babies must be birth to pre-crawling

Benefits include enhanced communication, bonding, relaxation, and increased caregiver confidence.

Resources and Snacks provided

Location:

**9 Month Bump Activity Studio
115 Elm St. Wyandotte, MI**



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Week 1 - February 24

Introduction to Infant Massage;
Hand & Feet Massages

Week 2 - March 2

Babies' Communication;
Abdomen & Chest Massages

Week 3 - March 9

Parental Stress & the Benefits of
Massage; Arm & Face Massages

Week 4 - March 16

Abbreviated Massage Techniques;
Back & Full Body Massages

Week 5 - March 23

Review and Massage Instructions
for Older Children

To register contact Jane Reitman at

734-785-7705 x7369